



Thank  
You!

Thank you for your incredible participation and support in building a recovery community that thrives on connection and love for nature. Your dedication to healing, growth, and unity inspires us all.

Together, we're creating a space where recovery flourishes, supported by the beauty and wisdom of the natural world.

We are deeply grateful for your presence and contributions. Let's continue this journey of hope, one step and one breath in nature at a time.

2025

[SyncRecovery.org](https://SyncRecovery.org)

*Nobody stays recovered unless the life they have created  
is more rewarding and satisfying than the one they left behind.*

ANNE FLETCHER

Aug 8-10th

**Adirondak Treehouse Retreat**



# AUGUST 2025

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

SyncRecovery.org

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						



Sync Recovery  
EVENTS

*Look deep into nature, and then you  
will understand everything better.*

ALBERT EINSTEIN

October 17-19  
**Fall Campout**

The logo for SYNC Recovery Community features a stylized white musical note icon on the left. To its right, the word "SYNC" is written in a large, white, serif font. Below "SYNC", the words "RECOVERY" and "COMMUNITY" are stacked in a smaller, white, sans-serif font.

**SYNC**  
RECOVERY  
COMMUNITY

# OCTOBER 2025

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

SyncRecovery.org

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	



Sync Recovery  
EVENTS

*What if today, we were just grateful for everything?*

CHARLIE BROWN

Nov 15th

**Drum Circle with Cathy**



# NOVEMBER 2025

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

SyncRecovery.org

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<b>1</b>
<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>
<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>
<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>
<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>
<b>30</b>						



Sync Recovery  
EVENTS

## January

Su	Mo	Tu	We	Th	Fr	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

## February

Su	Mo	Tu	We	Th	Fr	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

## March

Su	Mo	Tu	We	Th	Fr	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

## April

Su	Mo	Tu	We	Th	Fr	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

## May

Su	Mo	Tu	We	Th	Fr	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

## June

Su	Mo	Tu	We	Th	Fr	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

## July

Su	Mo	Tu	We	Th	Fr	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

## August

Su	Mo	Tu	We	Th	Fr	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

## September

Su	Mo	Tu	We	Th	Fr	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

## October

Su	Mo	Tu	We	Th	Fr	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

## November

Su	Mo	Tu	We	Th	Fr	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

## December

Su	Mo	Tu	We	Th	Fr	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			



# Our Mission

To support long-term recovery from substance-use disorders through peer-led collaborative events that foster community, service, and personal growth.

# Our Vision

A recovery journey filled with health, healing, purpose, and passion for life.

# Our Purpose

Sync is a recovery community organization that employs four core components of a healthy recovery lifestyle

**(Social + Spiritual + Service + Health)**

in its programs to create opportunities for personal growth, self-discovery and empowerment.

Taking part in activities with people we enjoy reduces isolation and the risk of recurrence.

Sync offers connections as a source of support and healing.

Sync Recovery's  
Four Core Components  
of a Healthy  
Recovery Lifestyle



**SyncRecovery.org**

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